



Body Organization Worksheet - 1

Name: _____.

Date: _____.

Grade: 7th

Instructions: Answer each question in complete sentences. Think about how the body is organized from the smallest parts to the most complex systems that keep you alive and healthy.

1. Levels of Organization

List the levels of organization in the human body in order from smallest to largest.

(Hint: Start with "cell.")

→ _____

2. Working Together

Each level of organization in the body depends on the others.

a) How do cells and tissues work together?

b) Give one example of a tissue found in your body.

→ a) _____ b) _____

3. Organs and Organ Systems

An organ is made of different tissues working together to perform a function.

a) Name one organ in the human body.

b) Which organ system does it belong to?

→ a) _____ b) _____

4. Body Systems in Action (1 point)

When you exercise, your muscles need more oxygen.

a) Which two organ systems work together to deliver oxygen to your muscles?



b) Explain how these systems work together to meet the body's needs.

→ a) _____

→ b) _____

5. Maintaining Balance

The body keeps internal conditions stable, even when the outside environment changes.

a) What is this process called?

b) Give one example of how your body maintains this balance.

→ a) _____

→ b) _____

★ Bonus Challenge (Optional)

Imagine you are a "Body System Detective." Choose one organ system and describe how it helps keep you alive.

→ _____

→ _____

Reaction complete → Student + Worksheet = Success